



CITY OF HENDERSON SENIOR CITIZENS ADVISORY COMMISSION AGENDA

Wednesday, July 17, 2013
5:30 P.M.
Meeting Inquiries: 267-4090

Council Chambers Conference Room
City Hall
240 S Water Street
Henderson, NV 89015

Notice to persons with special needs: For those requiring special assistance or accommodation at the meeting, please contact Monica Rivera, (702) 267-4090 at least 72 hours in advance. "Relay Nevada", a service provider for hearing or speech impaired persons, may be contacted by dialing 7-1-1.

The Chairman reserves the right to hear agenda items out of order, combine two or more agenda items for consideration, remove an item from the agenda, or delay discussion relating to an item on the agenda at any time. All items are action items unless otherwise noted.

Individuals speaking on an item will be limited to three (3) minutes and spokespersons for a group will be limited to ten (10) minutes.

Electronic agendas can be found at:

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I. CALL TO ORDER

II. CONFIRMATION OF POSTING AND ROLL CALL

III. ACCEPTANCE OF AGENDA (For Possible Action)

IV. PUBLIC COMMENT

Note: Items discussed under Public Comment cannot be acted upon at this meeting, but may be referred to a future agenda for consideration (NRS 241.020). Individuals speaking on an item will be limited to three (3) minutes and spokespersons for a group will be limited to ten (10) minutes.

V. UNFINISHED BUSINESS

VI. NEW BUSINESS

1. Approval of Minutes: June 19, 2013 (For Possible Action)
2. Potential Senior Forum Tuesday Topics for September and November 2013 (For Possible Action)
3. Henderson Seniors' Auxiliary Update (Information Only)
4. Staff Report (Information Only)

VII. PUBLIC COMMENT

Note: Items discussed under Public Comment cannot be acted upon at this meeting, but may be referred to a future agenda for consideration (NRS 241.020). Individuals speaking on an item will be limited to three (3) minutes and spokespersons for a group will be limited to ten (10) minutes.

VIII. CHAIRMAN/MEMBER COMMENTS

The Chairman and Members may speak on any subject under this section of the agenda. Chairman and Members may comment on matters including, without limitation, future agenda items, upcoming meeting dates, and meeting procedures. Comments made cannot be acted upon or discussed at this meeting, but may be placed on a future agenda for consideration by the Body.

IX. SET NEXT MEETING – August 21, 2013 – Council Chambers Conference Room,
240 Water Street, Henderson NV

X. ADJOURNMENT

Posted prior to 9:00 a.m., Thursday, July 11, 2013 at the following locations:
City Hall, 240 Water Street, 1st Floor Lobbies (2)
Multigenerational Center, 250 South Green Valley Parkway
Whitney Ranch Recreational Center, 1575 Galleria Drive
Fire Station No. 86, 96 Via Antincendio

**CITY OF HENDERSON
SENIOR CITIZENS ADVISORY COMMISSION**

**MINUTES
June 19, 2013**

I. CALL TO ORDER

Chairman Dan Hyde called the Senior Citizens Advisory Commission Meeting to order at 5:30 p.m., at 240 Water Street, Henderson City Hall, in the Council Chambers Conference Room.

II. CONFIRMATION OF POSTING AND ROLL CALL

Monica Rivera, Recording Secretary, confirmed the meeting had been posted in accordance with the Open Meeting Law by posting the agenda three working days prior to the meeting at City Hall, Multigenerational Center, Whitney Ranch Recreation Center, and Fire Station No. 86.

Present: Chairman Dan Hyde
Francine Fields
Jordan Flake
Rana Goodman
Gina Jolliff
Jo Ann McEvers
Mary Ann Molinaro
Joyce Nies
Duane Ruliffson

Absent: Thomas Mullin (excused)
Gavin Walker (excused)

Staff: Corey Clark, Recreation Services Manager
David Hintzman, Assistant City Attorney II
Jayne Mazurkiewicz, Recreation Superintendent
Carolyn Miller, Executive Administrative Assistant
April Parra, Minutes Clerk
Monica Rivera, Recording Secretary

Guests: David Karel, David Karel Group
Sarah Fujimoto, Catholic Charities
David Arendt
Patti Vant, Catholic Charities

III. ACCEPTANCE OF AGENDA

(Motion) Ms. Goodman introduced a motion to accept the agenda as presented, seconded by Ms. McEvers. The vote favoring approval was unanimous. Chairman Hyde declared the motion carried.

IV. PUBLIC COMMENT

Richard Arendt, 2891 Scotts Valley Drive, spoke briefly about the premium tax on deferred annuities and asked for the Commission's sponsorship to help abolish this tax by the State.

Ms. Goodman said she supports this and would like it presented as a future forum topic.

V. UNFINISHED BUSINESS

There was no Unfinished Business to discuss.

VI. NEW BUSINESS

1. Approval of Minutes – May 15, 2013

(Motion) Mr. Ruliffson introduced a motion to approve the minutes of May 15, 2013, as submitted, seconded by Ms. Joliff. The vote favoring approval was unanimous. Chairman Hyde declared the motion carried.

2. Meals on Wheels and Congregate Meals Provided by City of Henderson

Corey Clark, Recreation Services Manager, distributed a document entitled Senior Nutrition and gave a brief summary.

Responding to a question by the Commission regarding the City subsidizing the Meals on Wheels program to cover for any shortfalls in federal funding, Mr. Clark said the City would subsidize the program.

Responding to a question by Chairman Hyde regarding the City's funding sources, Mr. Clark said the money would come from the general fund and donations.

A discussion ensued regarding other challenges including staffing, equipment, and trucks.

Mr. Clark commented that staff is unsure how sequestration will affect the Meals on Wheels program.

3. Henderson Seniors' Auxiliary Update

A representative from the Henderson Seniors' Auxiliary was not in attendance.

Mr. Clark commented that he attended the meeting at which the bylaws were discussed. He noted that next month the proposed changes to the bylaws will be voted on.

Responding to a request by the Commission, Mr. Clark said he will have a member of the Auxiliary board present at the next Senior Citizens Advisory Commission meeting so the Commission members can ask questions.

Chairman Hyde said the Auxiliary has the Commission's full support.

4. Staff Report

Jayne Mazurkiewicz, Recreation Superintendent, distributed the May 2013 report and gave a brief summary. Areas of discussion included: the senior reading program at Newton Elementary School, Horsing Around, and the ladies pool tournament.

There were no questions from the Commission.

VII. PUBLIC COMMENT

There were no comments presented by the public.

VIII. CHAIRMAN/MEMBER COMMENTS

Chairman Hyde made the following announcements:

David Karel will be giving a presentation on Medicare annual wellness checks on July 9, 2013 at 5:00 p.m. for the Board of Directors at Sun City MacDonald Ranch.

Ms. Goodman inquired if there is a budget for advertising for the senior forums taking place in Anthem and Sun City MacDonald Ranch.

Ms. Mazurkiewicz said she would check and follow up with the Commission.

Mr. Ruliffson complimented Mr. Flake for the great job he did on the last senior forum. A discussion ensued regarding attendance at the forum and it was the consensus of the Commission that Mr. Flake will continue to speak at senior forums.

IX. SET NEXT MEETING

The next regularly scheduled meeting will be held on July 17, 2013, at 5:30 p.m. in the Council Chambers Conference Room of City Hall.

X. ADJOURNMENT

There being no further business to come before the Commission, the meeting was adjourned at 6:03 p.m.

Respectfully submitted,

April Parra, Minutes Clerk



Heritage Park Senior Facility

June 2013 Report

I. Nutrition Program

Month	Minimum Meals Required			Total Meals Served			% of requirement	Last Year	% Change over LY
	HB	Cong	Total	HB	Cong	Total			
October	7,029	10,281	17,310	7,912	9,863	17,775	102.69%	13,982	27.13%
November	6,390	9,387	15,777	7,571	9,039	16,610	105.28%	14,722	12.82%
December	5,964	8,940	14,904	7,974	8,338	16,312	109.45%	14,586	11.83%
January	6,816	9,834	16,650	8,064	9,288	17,352	104.22%	15,655	10.84%
February	5,964	8,940	14,904	7,150	8,902	16,052	107.70%	15,212	5.52%
March	6,177	8,940	15,117	7,392	8,804	16,196	107.14%	15,418	5.05%
April	6,816	9,834	16,650	8,034	9,265	17,299	103.90%	14,987	15.43%
May	6,603	10,281	16,884	8,109	9,327	17,436	103.27%	16,358	6.59%
June	5,964	8,940	14,904	7,131	8,181	15,312	102.74%	15,066	1.63%

Homebound Statistics for June:

Clients on the waiting list as of June 30: 2
 Clients started on Meals on Wheels: 18

Weekend Meals:

The City of Henderson sponsored the program on weekends. Total weekend meals served:
 Saturday brunch: 477
 Sunday lunch: 297

II. Wellness/Social Services

Clients served

- Phone calls/walk-ins: 722 seniors called or walked in for services
- Tuesday Topics: 43 seniors participated in three educational presentations
- State Health Insurance Assistance Program (SHIP): 5 seniors received Medicare counseling
- Blood Pressure Screening: 13 seniors received blood pressure information
- Medicare Extra Help: 2 seniors received counseling and applied for assistance
- Senator Dean Heller: 15 seniors received assistance from Senator Heller's office
- USDA Food Commodities: 146 seniors received nutritional assistance

Social Line Dance - On Friday, May 31, 40 people had a ball at the social line dance party! Many of the participants brought food and beverages that they shared with each other.

Birthday Party - On Wednesday, June 5th, about 35 partiers gathered to congratulate our June birthday celebrants, enjoy some refreshments, and most of all to clap, stomp, and dance to the great country sounds of popular entertainer, Bill Scarborough. One Heritage Park staff member,

TJ Engel, remembered “Mr. Scarborough” as his computer teacher when he was in 3rd and 4th grades, some eleven years ago! “He was so quiet then,” said TJ, “I would never have guessed he would become an entertainer!”



New Handicap Parking Spaces – The efforts of Heritage Park Senior Facility (HPSF) staff may have saved many patrons from receiving parking tickets. The 2 spaces that are now reserved exclusively for vehicles with side-loading wheelchair lifts caused quite a stir at HPSF the last two weeks. Patrons were confused and kept parking there, whether they had a side-loading wheelchair lift vehicle or not. We notified them of the new parking spaces in every way we could think of—signs, PA announcements, and by simply walking out to ask those parking by mistake to move. As a result, only one patron was ticketed. We would like to think that our efforts saved many other patrons from the same fate. They now seem to understand they cannot park there unless their vehicles qualify.



Healthy Henderson Rewards - One of our Fitness Center regulars, Paulina Foo, and one of our Line Dancing regulars, Barbara Roberts have qualified and collected their Healthy Henderson Rewards prizes. Paulina earned a GPS/Heart Watch (540 stamps) and Barbara earned a Heart Watch (300) stamps. What a fun and rewarding way to achieve health and fitness goals through exercise and recreational classes!



Paulina Foo



Barbara Roberts

Congratulations, ladies! Way to go!

Heritage Park Senior Facility Represented at NCOA Event – The National Council on Aging invited employees from Heritage Park Senior Facility to be their guests on Tuesday, June 25, when Chief Executive Officer, and President of Caesars Entertainment, Gary Loveman, received the National Council on Aging’s 2013 Distinguished Achievement Award at a gala event in Caesar’s Palace. This was the first Distinguished Achievement Award that NCOA has awarded in twenty years.

Fitness Room Monthly Usage

Between June 1 and June 30: 2,223 patrons

Between 5:00-6:00am: 219 patrons

Between 6:00-7:00am: 145 patrons

Busiest Day: Monday, June 17 with 125 workouts

Overall decrease of 134 workouts from May

Fitness Center Items of Interest

A generous donation of colorful Yoga Mats was received this week from a respite facility in Las Vegas. The mats are being handed out to patrons (limit one per person) signing up for June fitness classes including Chair Yoga, Challenging Total Body Workout, Fitness Orientations, Fitness Room Basics Personal Training, Pilates Plus, Simply Yoga and Strength Training and Low Impact Conditioning. Additional mats will be stored for future fitness activities and presentations.

The Fitness Staff is both happy and sad that two hard working co-workers have moved on to “greener pastures.” Congratulations to Ryan Poling on his promotion into the COH Human Resources Department, and best wishes to Carson Walker as he gets ready for his Mission to Mexico. It has been a pleasure working with both of them and they will be missed.

Summer fitness classes are going well but participation in some classes is a little slow due to summer activities and vacations away from the Las Vegas heat. Fitness Center volume has also decreased a bit from earlier this year but is still very active during the morning hours. These are typical trends at most fitness centers during this time of year.

The music in the Fitness Room is therapy to our patron's ears! They enjoy working out & singing to the beat. Some patrons can quote you the name of the tune, the group, the year & the story behind the words. Music definitely motivates them & they simply can't do without it!

Susan Bobby
Senior Services Supervisor
Heritage Park Senior Facility

Anita Gant
Senior Services Supervisor
Heritage Park Senior Facility