



CITY OF HENDERSON SENIOR CITIZENS ADVISORY COMMISSION AGENDA

Wednesday, August 21, 2013
5:30 P.M.
Meeting Inquiries: 267-2955

Council Chambers Conference Room
City Hall
240 S Water Street
Henderson, NV 89015

Notice to persons with special needs: For those requiring special assistance or accommodation at the meeting, please contact Joanne Wershba (702) 267-2955 at least 72 hours in advance. "Relay Nevada", a service provider for hearing or speech impaired persons, may be contacted by dialing 7-1-1.

The Chairman reserves the right to hear agenda items out of order, combine two or more agenda items for consideration, remove an item from the agenda, or delay discussion relating to an item on the agenda at any time. All items are action items unless otherwise noted.

Individuals speaking on an item will be limited to three (3) minutes and spokespersons for a group will be limited to ten (10) minutes.

Backup materials for agenda items can be found at:

http://www.cityofhenderson.com/parks/commissions/senior_citizens_advisory_commission_meeting_agendas.php

To request backup materials, please contact Joanne Wershba at (702) 267-2955.

I. CALL TO ORDER

II. CONFIRMATION OF POSTING AND ROLL CALL

III. ACCEPTANCE OF AGENDA (For Possible Action)

IV. PUBLIC COMMENT

Note: Items discussed under Public Comment cannot be acted upon at this meeting, but may be referred to a future agenda for consideration (NRS 241.020). Individuals speaking on an item will be limited to three (3) minutes and spokespersons for a group will be limited to ten (10) minutes.

V. UNFINISHED BUSINESS

VI. NEW BUSINESS

1. Approval of Minutes from July 17, 2013 Meeting (For Possible Action)
2. Discussion of Past Educational Forum Topics (Information Only)
3. Approval of Topics, Dates, Time and Location of Future Educational Forum Topics (For Possible Action)

4. Discussion of Medicare Annual Wellness Program and Possible Approval of Future Dates, Times and Locations for Formal Presentations (For Possible Action)
5. Discussion of Medicare's Annual Assessment Program (Information Only)
6. Update on the "Knox Box" Program Sponsored by the City of Henderson's Fire Department (Information Only)
7. Update on the Annuity Forum and Discussion on Possible Dates at the Heritage Park Senior Facility and Other Locations (For Possible Action)
8. Henderson Seniors' Auxiliary Update (Information Only)
9. Staff Report by Jayne Mazurkiewicz, Recreation Superintendent (Information Only)

VII. PUBLIC COMMENT

Note: Items discussed under Public Comment cannot be acted upon at this meeting, but may be referred to a future agenda for consideration (NRS 241.020). Individuals speaking on an item will be limited to three (3) minutes and spokespersons for a group will be limited to ten (10) minutes.

VIII. CHAIRMAN/MEMBER COMMENTS

The Chairman and Members may speak on any subject under this section of the agenda. Chairman and Members may comment on matters including, without limitation, future agenda items, upcoming meeting dates, and meeting procedures. Comments made cannot be acted upon or discussed at this meeting, but may be placed on a future agenda for consideration by the Body.

IX. SET NEXT MEETING – September 18, 2013 – Council Chambers Conference Room, 240 Water Street, Henderson NV

X. ADJOURNMENT

Posted prior to 9:00 a.m., Thursday, August 15, 2013 at the following locations:
City Hall, 240 Water Street, 1st Floor Lobbies (2)
Multigenerational Center, 250 South Green Valley Parkway
Whitney Ranch Recreational Center, 1575 Galleria Drive
Fire Station No. 86, 96 Via Antincendio

Item 1 of Section VI

Senior Citizens Advisory Commission

Meeting Minutes for July 17, 2013

**CITY OF HENDERSON
SENIOR CITIZENS ADVISORY COMMISSION**

**MINUTES
July 17, 2013**

I. CALL TO ORDER

Chairman Dan Hyde called the Senior Citizens Advisory Commission Meeting to order at 5:39 p.m., at 240 Water Street, Henderson City Hall, in the Council Chambers Conference Room.

II. CONFIRMATION OF POSTING AND ROLL CALL

Monica Rivera, Recording Secretary, confirmed the meeting had been posted in accordance with the Open Meeting Law by posting the agenda three working days prior to the meeting at City Hall, Multigenerational Center, Whitney Ranch Recreation Center, and Fire Station No. 86.

Present: Chairman Dan Hyde
Jordan Flake
Rana Goodman
Gina Jolliff
Jo Ann McEvers
Thomas Mullin
Duane Ruliffson
Gavin Walker

Absent: Francine Fields (excused)
Mary Ann Molinaro (excused)
Joyce Nies (excused)

Staff: Mary Ellen Donner, Parks and Recreation Director
Nechole Garcia, Assistant City Attorney I
Jayne Mazurkiewicz, Recreation Superintendent
April Parra, Minutes Clerk
Monica Rivera, Recording Secretary

Guests: David Karel, David Karel Group

III. ACCEPTANCE OF THE AGENDA

(Motion) Ms. Goodman introduced a motion to accept the agenda as presented, seconded by Ms. Joliff. The vote favoring approval was unanimous. Chairman Hyde declared the motion carried.

IV. PUBLIC COMMENT

There were no comments presented by the public.

V. UNFINISHED BUSINESS

There was no Unfinished Business to discuss.

VI. NEW BUSINESS

1. Approval of Minutes – June 19, 2013

It was noted that a correction needs to be made to Richard Arendt's name on the cover page.

(Motion) Ms. Goodman introduced a motion to approve the minutes of June 19, 2013, as amended, seconded by Ms. Joliff. The vote favoring approval was unanimous. Chairman Hyde declared the motion carried.

2. Potential Senior Forum Tuesday Topics for September and November 2013

Ms. Goodman distributed copies of a letter that Richard Arendt wrote to Congressman Hutchenson regarding abolishing the State premium tax on deferred annuities. She suggested that this would be a good idea for the September forum topic at Heritage Park, Anthem, and MacDonald Ranch.

Mr. Ruliffson commented that he supports this idea.

(Motion) Ms. Goodman introduced a motion that Richard Arendt give presentations regarding abolishing the State premium tax on deferred annuities for the September forum topic at Heritage Park, Anthem, and MacDonald Ranch. The vote favoring approval was unanimous. Chairman Hyde declared the motion carried.

3. Henderson Seniors' Auxiliary Update

A representative from the Henderson Seniors' Auxiliary was not present to give a report.

4. Staff Report

Jayne Mazurkiewicz, Recreation Superintendent, distributed the June 2013 report and gave a brief summary. Areas of discussion included: New signage for the handicapped parking and board and commission training in August or September.

Ms. Mazurkiewicz followed up with Ms. Goodman regarding whether the Senior Citizens Advisory Commission has a budget. She said there is a budget for the Commission; however, it is not used for seminars that are not open to all Henderson residents.

VII. PUBLIC COMMENT

David Karel, David Karel Group, commented on the Annual Wellness Event that was held on July 9, 2013, and distributed a handout regarding Medicare annual wellness checks.

Chairman Hyde commented that he would like to discuss Medicare annual wellness checks at the next meeting.

VIII. CHAIRMAN/MEMBER COMMENTS

Chairman Hyde congratulated all the members that were reappointed by City Council.

Mr. Walker commented that Mr. Arendt's letter to Congressman Hutchinson contains inaccurate information.

IX. SET NEXT MEETING

The next regularly scheduled meeting will be held on August 21, 2013, at 5:30 p.m. in the Council Chambers Conference Room of City Hall.

X. ADJOURNMENT

There being no further business to come before the Commission, the meeting was adjourned at 6:00 p.m.

Respectfully submitted,

April Parra, Minutes Clerk

Item 9 of Section VI

Senior Citizens Advisory Commission

Staff Report – Heritage Park Senior
Facility July 2013 Report



Heritage Park Senior Facility July 2013 Report

I. Nutrition Program

Month	Minimum Meals Required			Total Meals Served			% of requirement	Last Year	% Change over LY
	HB	Cong	Total	HB	Cong	Total			
October	7,029	10,281	17,310	7,912	9,863	17,775	102.69%	13,982	27.13%
November	6,390	9,387	15,777	7,571	9,039	16,610	105.28%	14,722	12.82%
December	5,964	8,940	14,904	7,974	8,338	16,312	109.45%	14,586	11.83%
January	6,816	9,834	16,650	8,064	9,288	17,352	104.22%	15,655	10.84%
February	5,964	8,940	14,904	7,150	8,902	16,052	107.70%	15,212	5.52%
March	6,177	8,940	15,117	7,392	8,804	16,196	107.14%	15,418	5.05%
April	6,816	9,834	16,650	8,034	9,265	17,299	103.90%	14,987	15.43%
May	6,603	10,281	16,884	8,151	9,311	17,462	103.42%	16,358	6.75%
June	5,964	8,940	14,904	7,131	8,178	15,309	102.72%	15,066	1.61%
July	7,029	10,281	17,310	8,974	9,160	18,134	104.76%	15,444	17.42%

Homebound Statistics for July:

Clients on the waiting list as of July 31: 1
 Clients started on Meals on Wheels: 28
 Home Visits: 77
 Certified: 26
 Re-Certified: 57
 Not Certified: 3

Weekend Meals:

The City of Henderson sponsored the program on weekends. Total weekend meals served:
 Saturday brunch: 429
 Sunday lunch: 234

II. Wellness/Social Services

Clients served:

- Phone calls/walk-ins: 807 seniors called or walked in for services
- Tuesday Topics: 75 seniors participated in three educational presentations
- State Health Insurance Assistance Program (SHIP): 5 seniors received Medicare counseling
- Blood Pressure Screening: 6 seniors received blood pressure information
- Senator Dean Heller: 4 seniors received assistance from Senator Heller's office
- USDA Food Commodities: 146 seniors received nutritional assistance
- Ask A Lawyer (Senior Citizen Law Project): had 18 attendees
- The Vision Support Group: had 11 attendees
- Utilities/Energy Assistance: 11 people were assisted with applications

*Heritage Park Senior Facility
July 2013 Report (Continued)*

III. Programming

Docent Desk Gets a New Sign – On July 5, the husband of Karen Devine, a volunteer Docent at Heritage Park Senior Facility, donated a sign for the Docent Desk, and installed it. Not that we would ever want to, but if for some reason the sign needed to be removed, it would leave no residue or damage the desk in any way.



Installing our new sign



Finished product

Golden Oldies Dance – On Friday, July 19th, 87 people attended the Golden Oldies dance party. The dance featured popular local artist Sythe Cameron and his wife, Deanne. The crowd included eleven members who added to the “oldies” feel of the party by displaying their 1940’s and ‘50’s classic automobiles lined up in front of Heritage Park Senior Facility. Party goers got to have their photos taken as car hops or leather-jacketed “Fonzy” types.



*Heritage Park Senior Facility
July 2013 Report (Continued)*

Monday Sew and Craft Group



Each Monday morning, a group of volunteer ladies gather to create an array of items designed to comfort people in their times of need. Members of this group, Doris, Eva, Ann Marie, Charlene and Sandra recently visited the beautiful, new state-of-the-art Veterans Hospital. In the photo above, the lady second from left, holding the quilt, is Karen Cinnamon, Outreach Coordinator at the Veterans Hospital. During their visit the ladies presented the hospital with 53 red, white, and blue quilts, 5 lap robes and over 200 books for the hospital's patients. In the future, the plan is for the group to give the hospital more quilts and lap robes, as well as wheelchair and walker bags. This group also makes and donates baby quilts, blankets, hats and burp cloths to Nellis Air Force Base Hospital, UMC Hospital, Sunrise Hospital, and Living Grace unwed mothers' home. In addition, they make and distribute quilts for homeless youth at Basic High School, and a series of quilts and lap robes for the Saint Therese Outreach Center.

Monthly Usage

Between July 1 and July 31: 2,473 patrons
Between 5:00-6:00am: 259
Between 6:00-7:00am: 126
Busiest Day: Monday, July 15 with 129 workouts
Overall increase of 250 workouts from June

Fitness Center Items of Interest

We had a reasonable turnout on July 4th with 67 patrons exercising between 5:00am and 6:00pm. Due to the heat and smoke in the Las Vegas valley, we are experiencing an increase in new memberships as patrons move their workouts indoors. We are trying to schedule these newbies into one of Jerry's free fitness orientations to ensure they know how to exercise safely and effectively. We hope they enjoy our Fitness Center so much that they will continue coming in even after the temperatures cool back down!

The Fitness Center continues to sell \$3 workout towels with revenues going to the Seniors' Auxiliary. We have provided the Seniors' Auxiliary with \$237 since we started selling the towels in August 2011. We are pleased to help with fund raising efforts even though proceeds have not been as high as originally anticipated.

*Heritage Park Senior Facility
July 2013 Report (Continued)*

The free fitness orientations continue to be popular with new members anxious to learn how to properly use the fitness equipment. A big thanks to Fitness Center and Front Desk staff for helping fill these appointments.

The Docents are also very helpful in communicating this service as well as other fitness options (personal training, fitness classes, dance classes, etc.) as they take new patrons on tours of the facility. We certainly appreciate everyone's efforts in helping patrons be aware of all of the many activities and services offered at HPSF.

The final session of Summer 2013 fitness classes are underway with participation rates above average for this time of year. Zumba Gold continues to be the most popular class with 16 participants with Yoga coming in second with 10 students. The other fitness classes (Tai Chi, Strength, Stretch, Pilates, Challenging Total Body) have respectable turnouts with an average of 7 patrons each. Personal training sessions are also going well with Tuesday sessions sold out and Saturday sessions at 60% capacity.

Susan Bobby
Senior Services Supervisor
Heritage Park Senior Facility

Anita Gant
Senior Services Supervisor
Heritage Park Senior Facility