



CITY OF HENDERSON SENIOR CITIZENS ADVISORY COMMISSION AGENDA

Wednesday, February 19, 2014
5:30 P.M.
Meeting Inquiries: 267-2955

Council Chambers Conference
Room
City Hall
240 S Water Street
Henderson, NV 89015

Notice to persons with special needs: For those requiring special assistance or accommodation to attend or participate in this meeting, arrangements for a sign language interpreter or services necessary for effective communication for qualified persons with disabilities should be made as soon as possible, but no later than 72 hours before the scheduled event. Listening devices are available for persons with hearing impairments.

Please contact Joanne Wershba (702) 267-2955 or TTY: 7-1-1, **at least 72 hours in advance** to request a sign language interpreter. You may also submit your request by using [Contact Henderson](#).

The Chairman reserves the right to hear agenda items out of order, combine two or more agenda items for consideration, remove an item from the agenda, or delay discussion relating to an item on the agenda at any time. All items are action items unless otherwise noted.

Individuals speaking on an item will be limited to three (3) minutes and spokespersons for a group will be limited to ten (10) minutes.

Backup materials for agenda items can be found at:
http://www.cityofhenderson.com/parks/commissions/senior_citizens_advisory_commission_meeting_agendas.php

To request backup materials, please contact Joanne Wershba at (702) 267-2955.

- I. **CALL TO ORDER**
- II. **CONFIRMATION OF POSTING AND ROLL CALL**
- III. **ACCEPTANCE OF AGENDA** (For Possible Action)
- IV. **INTRODUCTION OF NEW MEMBERS**

1. Introduce Liz Baldizan appointed at January 21, 2014 City Council Meeting and Fran Smith, appointed at February 4, 2014 City Council Meeting. (Information only)

V. **PUBLIC COMMENT**

Note: Items discussed under Public Comment cannot be acted upon at this meeting, but may be referred to a future agenda for consideration (NRS 241.020). Individuals speaking on an item will be limited to three (3) minutes and spokespersons for a group will be limited to ten (10) minutes.

VI. UNFINISHED BUSINESS

1. Discussion of Annual Wellness/Assessment Program and possible approval of dates, times and locations (For Possible Action)

VII. NEW BUSINESS

1. Approval of Minutes from January 15, 2014, Meeting (For Possible Action)
2. Be Kind Initiative - Melanie Hollingshead (Information Only)
3. Recognizing and Preventing Elder Exploitation (For Possible Action)
4. Approval of Topics, Dates, Times and Location of Future Educational Forum topics, (For Possible Action)
5. Possible Collaboration with Organizations that Serve the Senior Community including, but not limited to, foreclosed-upon pets. (For Possible Action).
6. Henderson Seniors' Auxiliary Update (Information Only)
7. Staff Report by Corey Clark, Recreation Manager (Information Only)

VIII. PUBLIC COMMENT

Note: Items discussed under Public Comment cannot be acted upon at this meeting, but may be referred to a future agenda for consideration (NRS 241.020). Individuals speaking on an item will be limited to three (3) minutes and spokespersons for a group will be limited to ten (10) minutes.

IX. CHAIRMAN/MEMBER COMMENTS

The Chairman and Members may speak on any subject under this section of the agenda. Chairman and Members may comment on matters including, without limitation, future agenda items, upcoming meeting dates, and meeting procedures. Comments made cannot be acted upon or discussed at this meeting, but may be placed on a future agenda for consideration by the Body.

X. SET NEXT MEETING – March 19, 2014 – Council Chambers Conference Room
240 Water Street, Henderson, NV

XI. ADJOURNMENT

Posted prior to 9:00 a.m., February 12, 2013
at the following locations:
City Hall, 240 Water Street, 1st Floor Lobbies (2)
Multigenerational Center, 250 South Green Valley Parkway
Whitney Ranch Recreational Center, 1575 Galleria Drive
Fire Station No. 86, 96 Via Antincendio

Item I of Section VII

**Senior Citizens Advisory
Commission**

Minutes from January 15, 2014

**CITY OF HENDERSON
SENIOR CITIZENS ADVISORY COMMISSION**

**MINUTES
January 15, 2013**

I. CALL TO ORDER

Chairman Dan Hyde called the Senior Citizens Advisory Commission Meeting to order at 5:52 p.m., at 240 Water Street, Henderson City Hall, in the Council Chambers Conference Room.

II. CONFIRMATION OF POSTING AND ROLL CALL

Joanne Wershba, Administrative Assistant III, confirmed the meeting had been posted in accordance with the Open Meeting Law by posting the agenda three working days prior to the meeting at City Hall, Multigenerational Center, Whitney Ranch Recreation Center, and Fire Station No. 86.

Present: Chairman Dan Hyde
Francine Fields
Jo Ann McEvers
Duane Ruliffson (arrived at 5:52 p.m.)
Gavin Walker

Absent: Jordan Flake
Gina Joliff (excused)
Thomas Mullin (excused)
Joyce Nies (excused)

Staff: Nechole Garcia, Assistant City Attorney I
Jayne Mazurkiewicz, Recreation Superintendent
April Parra, Minutes Clerk
Joanne Wershba, Administrative Assistant III

Guests: David Karel, David Karel Group
Judy Boyer, Henderson Seniors' Auxiliary
Edward F. Dundas
Alice Sylva, Henderson Seniors' Auxiliary
Rana Goodman
Dan Roberts, Vegas Voice

III. ACCEPTANCE OF THE AGENDA

- (Motion) Ms. McEvers introduced a motion to accept the agenda as presented, seconded by Mr. Walker. The vote favoring approval was unanimous. Chairman Hyde declared the motion carried.

IV. PUBLIC COMMENT

There were no comments presented by the public.

V. UNFINISHED BUSINESS

1. Discussion of the Annual Wellness/Assessment Program and possible approval of future dates, times, and locations

David Karel, David Karel Group, summarized the annual wellness program and said he will be scheduling meetings in the near future and asked if the Commission would like to expand into any other communities.

Mr. Ruliffson said he will check at the next meeting of the Mission Hills Rural Alliance to see if there is any interest and will report back next month.

VI. NEW BUSINESS

1. Approval of Minutes – December 18, 2013

It was noted that Ms. Molinaro should be shown as excused.

- (Motion) Mr. Ruliffson introduced a motion to approve the minutes of December 18, 2013, as amended, seconded by Ms. McEvers. The vote favoring approval was unanimous. Chairman Hyde declared the motion carried.

2. Spirit of '45 Day Presentation by Dan Roberts from Vegas Voice, and Possible Event Participation

Dan Roberts, Vegas Voice, gave a brief presentation on the Spirit of '45 event that is being planned to honor World War II service members and their families.

Responding to Chairman Hyde's question regarding ways the Commission can help, Mr. Roberts said he would like the Mayor to issue a proclamation as well as the Commission's support and help locating WWII veterans.

- (Motion) Ms. McEvers introduced a motion recommending the City Council endorse and participate in the Spirit of '45 event, seconded by Ms. Fields. The vote favoring approval was unanimous. Chairman Hyde declared the motion carried.

3. Discussion of Past Educational Forum Topics

There was no discussion on this item.

4. Approval of Topics, Dates, Times and Locations of Future Educational Forum Topics, including, but not limited to Elder Abuse

Mr. Ruliffson stated he would like to see Elder Abuse be an upcoming forum topic and suggested an ombudsman make a presentation. It was suggested that staff will check with Gina Joliff regarding an ombudsman.

- (Motion) Mr. Ruliffson introduced a motion for Elder Abuse to be the March 18, 2014, forum topic, seconded by Ms. Fields. The vote favoring approval was unanimous. Chairman Hyde declared the motion carried.

5. Possible Collaboration with Organizations that Serve the Senior Community, including, but not limited to, Heaven Can Wait and Nevadans for the Common Good

Nechole Garcia, Assistant City Attorney I, said she has concerns regarding the Commission collaborating with Nevadans for the Common Good because they do not have specific programs involving the elderly. She said collaborating with Heaven Can Wait is acceptable; however, the ordinance and bylaws only allows them to hold forums.

6. Henderson Seniors' Auxiliary Update

Judy Boyer, Henderson Seniors' Auxiliary, introduced Alice Sylva, another Auxiliary board member, and gave an update. She said they are in the process of planning the calendar, setting up the budget, and bringing on two new board members. She also noted that they are not receiving a lot of funding or grants.

7. Staff Report – Jayne Mazurkiewicz

Jayne Mazurkiewicz, Recreation Superintendent, announced that the Parks and Recreation Department is merging with Public Works and Mary Ellen Donner's position has been eliminated. She said they are looking to find efficiencies with this combination.

Ms. Mazurkiewicz informed the Commission about a new initiative called the “Be Kind” Initiative which rewards and acknowledges kind behavior. She said staff would like to come next month and give a presentation to the Commission.

VII. PUBLIC COMMENT

There were no comments presented by the public.

VIII. CHAIRMAN/MEMBER COMMENTS

Chairman Hyde summarized an article in the View regarding an organization called forecloseduponpets.org, which rescues abandoned animals and provides them with food, shelter, and fostering until they can be adopted. He suggested this be placed on next month’s agenda for discussion.

Mr. Ruliffson apologized to Commission members for being late to today’s meeting.

IX. SET NEXT MEETING

The next regularly scheduled meeting will be held on February 19, 2014, at 5:30 p.m. in the Council Chambers Conference Room of City Hall.

X. ADJOURNMENT

There being no further business to come before the Commission, the meeting was adjourned at 6:33 p.m.

Respectfully submitted,

April Parra, Minutes Clerk

Item II of Section VII

**Senior Citizens Advisory
Commission**

Be Kind Initiative



Be Kind... Like Josh

In the headlines we read too many stories about people of all ages who are being bullied in their schools, workplaces, places of leisure and in their homes. In 2012 the City of Henderson Parks and Recreation Department decided to take a stand against bullying in our community. Policies have been established, a reporting system is in place, and we have collaborated with the Josh Stevens Foundation to promote the Be Kind message in our community.

The department's goals are:

- To eliminate bullying in Parks and Recreation facilities and programs.
- Catch and recognize citizen in the act of being kind.
- Promote an attitude of kindness throughout the community.

We have been working to spread the message of kindness throughout the Parks and Recreation Department. In previous years we have: placed banners promoting a 'kindness' message throughout facilities, Be Kind has been printed on the staff uniforms and the "Caught You Being Kind" program has been implemented into all of our youth and aquatics programs.

In 2014, the committee would like to customize a kindness incentive program to be implemented at the two senior centers and adult lounge at the Henderson Multigenerational Center. We are requesting recommendations from the Senior Citizens Advisory Commission on possible reward items and new program ideas that would benefit the centers.

Josh's Story

Have you ever seen a catcher call a time out to encourage and calm down his pitcher? Have you ever told a player on your own team "It's okay you struck out, you'll have another at bat"? Have you ever held the mall door open for people pouring inside just because? Have you ever carried someone's bags to their car because you saw they needed help?

These things, and many, many more, were the everyday, ordinary types of kindness that Josh Stevens displayed. It wasn't because he was asked to, or that he thought someone was watching, or that he wanted something in return... it was because Josh was kind. And his kindness was felt by his family, friends, and very often complete strangers.

One month before Josh's 13th birthday, he lost his life. His time on Earth was much too short – but his kind heart and spirit will live forever. Josh's acts of kindness are still inspiring us all. The Josh Stevens Foundation was created to honor his life and legacy of kindness.

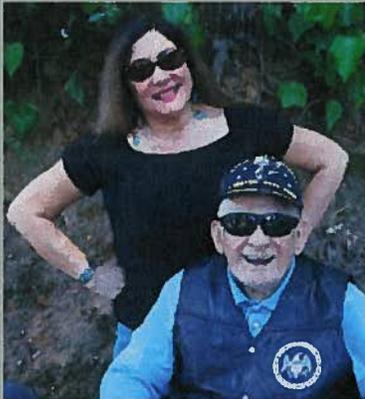
Item III of Section VII

**Senior Citizens Advisory
Commission**

**Recognizing and Preventing
Elder Exploitation**

California Superior Court Restores the Rights of 94-yr-old WW2 Hero Guadalupe Olvera

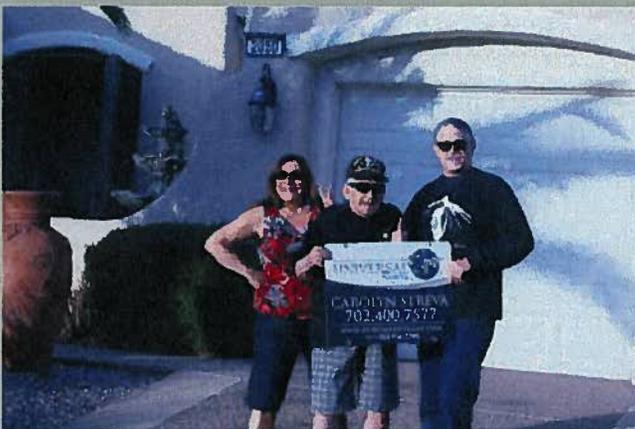
2013: Against All Odds: Congratulations Guadalupe Olvera!



On August 21, 2013, California Superior Court Judge Paul M. Marigonda restored the rights of 94-yr-old WW2 hero Guadalupe Olvera after a court appointed Nevada guardian bled \$300,000.00 from Olvera's family trust, deprived him of his civil rights, and held him captive in his Henderson, Nevada home from the beginning of November 2009 until the end of September 2010 when Olvera defied Nevada for-hire guardian Jared Shafer's orders and moved back to California to spend his final days with his family.

Shafer then spent Olvera's funds paying attorneys in Nevada and California in an expensive but failed effort to force Olvera to return to Nevada, while holding his estate captive until August 21, 2013 when Judge Marigonda finally restored Olvera's civil rights. Confirming that Guadalupe Olvera was and is competent to handle his own personal and financial affairs, Judge Marigonda overruled the orders of Shafer crony, Clark County Family Court "Guardianship Commissioner" Jon Norheim, and released Olvera from a forced California guardianship required by Shafer as a condition for the Nevada termination of Shafer's four-year-long control of Olvera's person and fortune.

Asked how he feels after regaining his civil rights, Guadalupe Olvera stated: **'I'm glad I'm free from what he did to me. I'm free now and I don't ever want to hear his name again. I hope he goes to jail.'**



Jared E. Shafer Loses Guardianship, Looted Senior Citizen Returns to Claim Home and Possessions After Winning Termination in a Bitter Sweet Victory

California Superior Court Restores the Rights of 94-yr-old WW2 Hero Guadalupe Olvera

For the first time known, a wealthy senior citizen was able to escape from the custody of Nevada court appointed "guardian" Jared E. Shafer, and recover the majority of his assets before he dies.

Because of an arcane Nevada law, many elderly people who decide to spend their golden years in one of Las Vegas' pristine retirement communities have found themselves in financial servitude after the death of a spouse. It's not unusual to learn of a elderly widow or widower -- at their most vulnerable time -- becoming a "ward" of one of our state's licensed private "guardians" who completely takes over the senior's person and estate while waiting for their death in order to claim his or her assets for the county, or in the worst case, themselves.

This is possible because in Nevada a person who is handicapped or elderly and has a sizable estate can be forced into guardianship unless there's a qualified relative living in the same state that can care for their needs. Too often, as in the case of Guadalupe Olvera, the nearest relative lives in another state, and under Nevada law, is prohibited from becoming a guardian after the death of a care giving spouse. Mr. Olvera suffered the consequences of this law when it was discovered by strangers in the Clark County Family Court system that he had over a half million dollars cash in his trust account, and a fully paid for 3,000 square foot Sun City Anthem home worth another half million.

On the outside, Olvera looked ripe for the picking, a rich old man with severe physical disabilities, and no relatives in sight. The only problem? WW2 hero Guadalupe Olvera was not ready to die, and he had a tough as nails, loving family five hundred miles away who wanted him to come home to spend his final days in Central California, not cooped up in a big empty house in a cold, strange town waiting for Jared Shafer to see fit to end his "temporary guardianship."

Item IV

**Senior Citizens Advisory
Commission**

**Heritage Park Senior Facility
January 2014 Report**



Heritage Park Senior Facility

January 2014 Report

Month	Minimum Meals Required			Total Meals Served			% of requirement	Last Year	% Change over LY
	HB	Cong	Total	HB	Cong	Total			
October	8,382	9,729	18,111	8,951	10,193	19,144	105.70%	17,775	7.70%
November	7,366	8,460	15,826	8,115	8,892	17,007	107.46%	16,610	2.39%
December	7,874	8,883	16,757	8,603	8,887	17,490	104.37%	16,312	7.22%
January	7,874	9,306	17,180	8,836	9,925	18,761	109.20%	17,352	8.12%

Homebound Statistics for December:

Clients on the waiting list as of January 31: 4
 Clients started on Meals on Wheels: 21

Weekend Meals:

The City of Henderson sponsored the program on weekends. Total weekend meals served:
 Saturday brunch: 373
 Sunday lunch: 264

II. Wellness/Senior Social Services

Clients served:

- Phone calls/walk-ins: **743** seniors called or walked in for services
- Tuesday Topics: **34** seniors participated in four educational presentations
- State Health Insurance Assistance Program (SHIP): **5** seniors received Medicare counseling
- USDA Food Commodities: **155** seniors received nutritional assistance
- Ask A Lawyer (Senior Citizen Law Project): had **10** Patrons seek guidance
- Utilities Assistance: **4** people applied for help through various programs
- Senator Heller counseling and assistance: **8** Patrons were assisted
- Nutrition Consultation: **5** Seniors came for a Consultation

Fitness Center Usage

Between January 6 and January 12: 569 patrons
 Busiest Day: Monday, January 6 with 131 workouts
Between January 13 and January 19: 584 patrons
 Busiest Day: Monday, January 13 with 126 workouts
Between January 1 and January 31: 2,673 patrons
 Busiest Day: January 27 with 140 workouts
 Overall increase of 582 workouts from December

Items of Interest

Workout attendance is increasing steadily since the slower holiday period. Many patrons are starting their journey to better health and fitness. Classes such as fitness, dance, excursions, education/personal development, and special events encourage patrons to take the incentive for a healthier lifestyle in 2014.

Heritage Park Senior Facility January 2014 Report (continued)

Fitness Center - Items of Interest:

Workout attendance is increasing steadily since the slower holiday period. Many patrons are starting their journey to better health and fitness. Classes such as fitness, dance, excursions, education/personal development, and special events encourage patrons to take the incentive for a healthier lifestyle in 2014. Lighten Up Henderson Weight Loss Challenge is off to a great start.

Lighten Up Henderson Weight Loss Challenge brought many participants to the Fitness Center for weigh-ins. Fitness staff were very accommodating with both the weigh-in participants, and the regular groups of fitness center attendance. Free, fitness orientations have been scheduled several weeks out, and personal training sessions are completely full in January.

Lighten Up Henderson Weight Loss Challenge grows and continues to succeed thanks to the teamwork of the staff at Heritage Park Senior Facility. Our staff are constantly reminding participants to take advantage of the one-week, "free" fitness pass provided to anyone participating in this weight loss challenge. Weigh-ins and tracking sheets are all set for immediate calculation of weight and body fat data, and the statistics gathered are placed in a confidential database. Participants can just focus on their fitness goals. If you would like more information about Lighten Up Henderson, there are still opportunities to participate. See our staff at the Fitness Center for assistance.

FOOTBALL FITNESS FRENZY 2013



Football Frenzy is complete for 2013, and what a season for football. Thanks to everyone who participated in the Football Frenzy 2013 Challenge. It was a lot of fun, and 2014 is sure to be just as exciting. Now for the Winners! The patron taking First Place and winning a "One Year Fitness Pass" is Michael Mailoux. Michael had 44 correct picks! The patron who won Second Place with 42 correct picks is Phillip Roybal. Phillip won a "Three Month Fitness Pass". Congratulations to our winners.



Congratulations Gerald Ross & Maryann Tontsch for winning the employee Football Frenzy Fitness Challenge for 2013 for Heritage Park Senior Facility.

*Heritage Park Senior Facility
January 2014 Report (continued)*

Become a Newcomer Group Volunteer for 2014 at Heritage Park Senior Facility



Do you like meeting new people? Do you enjoy helping others? The Newcomers Group is right for you. The Newcomers Group is one of our many fine, volunteer opportunities at Heritage Park Senior Facility, (HPSF) specializing in helping new visitors become comfortable and familiar with programs, ongoing activities, classes and events. If you would like more information about joining the Newcomers Group, join us at the next Meet & Greet Volunteer Meeting, Tuesday, January 21, 2014, at 1 p.m. Volunteer Meet & Greet Meetings are held monthly, every third Tuesday, at Heritage Park Senior Facility. For more information about becoming a volunteer, contact Linda Upton or Erin Straight at: (702) 267-2950.

Volunteer Opportunities at Heritage Park Senior Facility



Are you looking for new ways to make a difference in our community for 2014? Why not volunteer? Heritage Park Senior Facility is an excellent place to start! To find out more information about volunteering, please attend one of our Volunteer Meet N' Greet Meetings scheduled the third Tuesday of each month here at Heritage Park Senior Facility in the Sagebrush Room. The next meeting is January 21 at 1 p.m. Volunteering is a great way to meet people and enjoy the opportunities offered here at Heritage Park Senior Facility. Join in the fun.

Heritage Park Star Party 

On January 3, Heritage Park Senior Facility hosted a Star Party which featured gazing at the Andromeda Galaxy, a Planetary Nebula, a double star, Jupiter, four moons, and our own moon. David Blanchette, Steve Bock, Rob Lambert, Jonathan McNulty, Jerry Stein, and Julian Shull – members of the Las Vegas Astronomical Society (LVAS) – set- up five telescopes in the facility's parking lot, and they brought the heavens to Heritage Park Senior Facility's door step. About forty patrons, children, and grandchildren came to view. Although a layer of clouds blocked the moon, Jupiter was out in full force. With an unobstructed site, you could see the movement of the moons in the orbit of Jupiter, and the various bands of color, and clouds crossing the planet. With the aid of the telescopes, we were able to split a double star, and show each star separately. From earth, the stars look like a single point of light, but actually, two stars were orbiting each other. Also known as a star factory, the planetary Nebula is a nursery for many stars including several new stars, and a few million year old stars. All who attended this event had a great time. We owe a great thanks to the Las Vegas Astronomical Society staff who made this event possible.

Anita Gant
Senior Services Supervisor
Heritage Park Senior Facility

Sue Bobby
Senior Services Supervisor
Heritage Park Senior

