

Drowning is a leading cause of accidental death in Southern Nevada for young children. The majority of drowning deaths happen in the family pool, often while the child is in the care of one or both parents. Drowning is easily preventable if you follow the A, B, C & D's of water safety, and know how to respond to an aquatic emergency!

#### ADULT SUPERVISION

- Never allow children to swim alone, nor supervised only by another child.
- Designate an adult who can swim to actively supervise children around water.
- Teach children to always ask permission to go near water.

### BARRIERS (AROUND YOUR POOL)

- Install an isolation fence around your pool and keep the gate locked.
- Use an alarm on your back door that alerts you when the door is opened.
- Secure doggie doors. A crawling child can easily fit through a pet door.





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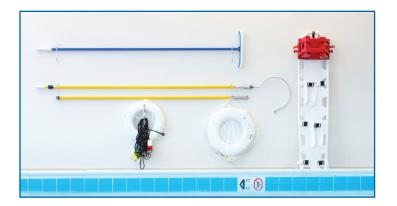
#### **CLASSES (SWIM LESSONS AND CPR)**

- Ensure all your family members know how to swim.
- Take CPR classes. CPR saves lives and prevents brain damage by maintaining breathing/heartbeat until medical assistance arrives. Visit redcross.org or call (702) 531-0237 to sign up for a class today.

### D)

## DEVICES (SAFETY DEVICES AND RESCUE TOOLS)

- Have children wear US Coast Guard-approved personal flotation devices around water. Water wings are not safety devices!
- Keep rescue equipment nearby, such as a lifesaving ring or shepherd's hook.



# HOW TO RESPOND TO AN AQUATIC EMERGENCY

- Check the water first if a child is missing.
- If a child is in the pool and not responsive, remove them from the water immediately and dial 9-1-1.
- · Perform CPR if you know how.



### C

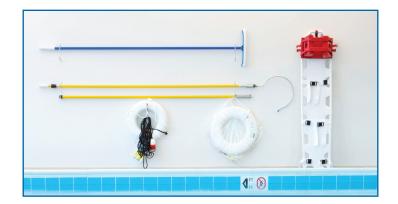
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