

City of Henderson

Adult Basketball

Rules & Regulations



HENDERSON™

CITY OF HENDERSON
ADULT BASKETBALL RULES & REGULATIONS

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LEAGUE OVERVIEW

The City of Henderson Adult Basketball league strives to promote sportsmanship, competition, community involvement, and health and fitness in a recreational setting. This document serves to help guide the league to meet these goals and should not be used to gain a competitive advantage. This is a non-contact league; however, accidental contact may occur and penalties for contact may be assessed at the referee's discretion. Contact does not automatically mean a penalty.

The City of Henderson reserves the right to modify any rule that it deems fit to better enhance the quality of the program at any point before, during or after the season.

ELIGIBILITY & ROSTER

1. All eligibility questions arising that are not specifically addressed in these rules shall be decided by the Recreation program coordinator.
2. Men's and women's league rosters are limited to 12 active players. Players must participate in at least one regular season game to be eligible for the playoffs.
3. Rosters must be submitted at the gym prior to the first game. Failure to have a roster on record by the deadline results in a forfeit.
4. Only managers are allowed to make changes to the team roster. All changes must be made at the gym, no exceptions. All roster changes must be approved by the league coordinator or on-site staff.
5. Any player who does not personally sign the roster will be declared an illegal player. All games in which this player participated may be forfeited.
6. Players may not play on more than one team or change teams during the season. If this occurs, those games will be forfeited.
7. Any player whose eligibility is challenged during the game must be able to produce positive picture ID on the spot. If they are unable to do so, the game will be forfeited.
8. Players participating in the City of Henderson's basketball program must reach their 16th birthday before participating.
 - a. All players under the age of 18 must have a waiver signed by their parent/legal guardian before participating.
 - b. All players must have a form of legal identification (driver's license/military ID) in their possession at all league games.
9. Game play is 5 on 5. Teams can start a game with four players and it will be considered an official game. A team with no more than four players will result in a forfeit.

10. Players must sign with their legal names on the score sheet and roster, nicknames may not be used.

RULES & REGULATIONS

1. The league is governed by the National Federation of State High School Associations' basketball rules, with supplements provided by the City of Henderson Public Works, Parks and Recreation Department.
2. The collegiate 3-point line is in use where applicable.
3. Two 20-minute running halves. Clock will stop in the following situations:
 - The last minute of the first half.
 - The last two minutes of the second half, only if the losing team is within nine points.
4. In all leagues: Seven team fouls to 1 and 1 bonus. Ten team fouls to double bonus. Fouls do not reset in overtime.
5. Jump ball at the start of each game and overtime period.
6. Three minutes will be allowed between halves.
7. Overtime: If the score is tied at the end of regulation, a three-minute overtime period will be in effect. The third overtime period becomes sudden death. The official's whistle stops the clock in all overtime periods. Each team is allotted one timeout per overtime period.
8. Foul shots: Players may enter the lane upon release of the ball from the free-throw line. Up to four defensive players are allowed in the box regardless of the number of offensive players.
9. Safety rule: The game will end if a team is 30 points ahead with three minutes remaining in the game or 20 points ahead with two minutes remaining.

EQUIPMENT

1. Gym shoes must be worn for warmups and games. Referees may request that players remove any jewelry or other items that may be hazardous to themselves or other players.
2. Teams must have matching jerseys.
3. Referees and Sports staff determine if a uniform or player is eligible for play. This decision cannot be protested.
4. Game balls: If teams choose to provide their own game ball they may do so as long as it meets official size and weight requirements (NCAA). Referees and staff must approve all game balls used.

LEAGUE TIES

1. Should two or more teams be tied in the standings, the team that won the regularly scheduled games between the tied teams is awarded the higher position. If the teams split, the team allowing the fewest total points throughout the regular season is awarded the higher position.
2. Any other situations that should arise will be coordinated by the Sports office.

FORFEITS

1. Games are forfeited if a team fails to appear on the court ready to play at the time indicated by the official league schedule; (a 5-minute grace period is allowed). Should neither team be able to field a team, the game is declared no contest and both teams will be credited with a loss by forfeit.
2. **Any team forfeiting a league game without notifying the Sports office within 24 hours is responsible for the officials' fees for both teams.**
3. Any team forfeiting two games without appropriate notice is subject to removal from the league, without a refund.
4. Teams can avoid the two-forfeiture expulsion rule by notifying the Sports office 24 hours in advance of the game in question, allowing notification of the opposing team and scheduled officials.
5. Referee fees not paid on the night of the forfeit must be paid at the Sports office prior to the next scheduled game. If fees are not paid, the team forfeits their next game.

GYMNASIUM RULES

1. Teams are expected to leave the gym promptly at the conclusion of the game and are to discuss game situations and socialize outside.
2. The City of Henderson is not responsible for loss of property. All valuables should be kept in a secure location.
3. Dunking is permitted during games only. Any player caught dunking a ball before games or during warmups will be assessed a technical foul. The resulting foul shots are taken immediately once play resumes.
4. Excessive hanging on the rim is not tolerated. Any player who hangs on the rim is assessed a technical foul. The official will determine if the action of hanging on the rim was excessive. The official's decision is final.

MANAGERS' RESPONSIBILITIES

1. No smoking, eating or drinking (excluding bottled water) is permitted in the gym. Managers must enforce this rule.
2. Player's bench: Only the team's rostered players will be permitted on the team's bench.
3. **The manager is responsible for their players and fans and is expected to curtail any excessive or unwarranted actions between them and the game in progress.**
4. Managers are responsible for keeping player rosters and waivers for players under the age of 18 years old current throughout the entire season. All addresses and phone numbers must be current.
5. Any manager (registered or acting) who plays an illegal player will be removed from the league and a new manager will be selected from the team's remaining eligible players. The manager may be suspended for one year from the date of incident, if warranted.
6. Managers are to ensure that bench areas are policed following each game. Trash should be deposited in containers provided. Teams leaving the area in an unsightly condition are subject to suspension.
7. Managers must be listed as rostered players subject to the player code of conduct. Managers, players and spectators are subject to technical fouls and/or ejection from the facility.

PLAYER CODE OF CONDUCT

THE FOLLOWING RULES AND REGULATIONS WILL BE STRICTLY ENFORCED.

1. Any player who strikes an official or pushes, shoves or otherwise molests the person of an official, is automatically suspended for one year from the date of the incident. (See Suspension Procedures, page 8). If an official files assault and battery charges and the player is found guilty in a court of law, they are suspended indefinitely.
2. A player is automatically suspended for at least one year from the date of an incident for fighting or physical violence against another player or spectator.
3. Unsportsmanlike conduct is not tolerated. The penalty is determined by the Sports staff on site and the officials. Infractions generally warrant a one-game suspension; however, the actual penalty is determined by the Program coordinator.

UNSPORTSMANLIKE ACTS DEFINED

- a. Unnecessarily rough tactics against an opposing player.
- b. Damage to facilities.
- c. Abusive language or gestures, either *directly* or *indirectly*, to an official or opposing team.

- d. Throwing a ball in anger or disgust.
 - e. Intentional delay-of-game tactics.
 - f. Disruption of any league contest that involves verbal or physical abuse from a sideline or bleacher.
 - g. Two technical fouls results in an automatic suspension of one game.
4. Special notice: Any league participant who attempts to interfere with the orderly disposition of a dispute during the course of the game is subject to removal from the league. Managers will instruct players to remain in the bench area during any dispute involving rule interpretation or unnecessarily rough tactics between players of opposing teams. Game officials will eject offending players from the game and report those individuals to the Sports office.
 5. The technical foul limit is four per season, including the post-season tournament, for an individual player. This is cumulative for all leagues a player is participating in. When the fifth technical foul occurs the player will be suspended for the remainder of the season.
 6. Failure to leave the gymnasium in a timely manner, in the judgment of the officials and staff, after an ejection can result in suspension from all City of Henderson basketball leagues for up to one year.
 7. Any player or manager who violates the established rules and regulations that result in their suspension cannot participate in any official league game until they have been reinstated by the City of Henderson.

SUSPENSION PROCEDURES

The Sports monitor reviews and transmits such reports along with their recommendations to the Recreation program coordinator who has the authority to discipline offending individuals or groups in accordance with decency and the severity of the charges.

PROTESTS

1. Protests based solely on a decision that involved accuracy of judgment on the part of the official will not be received or considered.
2. Protests based on the misinterpretation of a playing rule will be received and considered. Failure of any official to apply the proper penalty for a certain violation of the rules can be protested.
3. If a protest arises during a game, the coach of the protesting team must notify the official and Sports staff, prior to the next dead ball, that the game is being continued under protest. This enables all parties to take notice of the conditions surrounding the making of the decision and aids in the proper determination of the issue. This will be followed

by submitting the protest, in writing, to the Sports office within 48 hours of the time of occurrence of the protest. All protests must be accompanied by a \$30 check made payable to City of Henderson to be refunded only if the protest is upheld. *Note:* Be sure that the official includes notes on the score sheet showing that the game is being played under protest.

A FORMAL PROTEST SHOULD CONTAIN THE FOLLOWING INFORMATION:

- a. Date, time and place of the game.
 - b. The rule and section of the official rules and local rules under which the protest is made.
 - c. The official's decision and conditions surrounding the making of that decision.
 - d. All essential facts involved.
4. The protest committee consists of the Recreation Services supervisor, the Recreation program coordinator and Sports monitor. The decision of the committee is final.

OFFICIALS

1. Officials are responsible for submitting documentation to the Recreation program coordinator reporting any incident involving a player, team or spectator. The Recreation program coordinator and Recreation Services supervisor have the authority to discipline offending parties in accordance to the severity of charges.
2. The City of Henderson exercises authority over assigned league game officials relative to game situations.
3. All league games are under the control and direction of the officials and only the team manager may talk to officials on the court during the game.
4. Officials are representatives of the City of Henderson and, as such, are authorized and required to enforce each section of these rules. They have the power to order a player or manager to do or omit any act that in their judgment is necessary to give force and effect to one or all of these rules and to enforce penalties as herein prescribed.
5. Officials' fees are not included in entry fee.
 - a. Each team must pay the officials working the game a fee set by the officials' association. The fee must be paid in cash to the officials before game time.
 - b. If a receipt is desired for referee fees, please indicate this to the official. All officials are required to carry receipts.

GENERAL PROVISIONS

1. The assigned officials are in charge of the game from 10 minutes before the game begins until the game ends, and will exercise authority as granted in the official rules. Managers are responsible for the conduct of their players prior to the game and under all circumstances wherein an incident occurs as a result of league activities, both inside and outside the gymnasium. Players are instructed in the best interest of the league as a whole to report any violation of the spirit of these provisions.
2. Any matter not specifically mentioned in these rules and regulations concerning league policies or procedures will come under the jurisdiction of the Recreation program coordinator and/or Recreation Services supervisor. Their decisions in such matters are final.
3. Complaints regarding performance of officials must be submitted in writing. *No phone calls will be accepted.*

TOURNAMENT

1. All teams are eligible to play in the single-elimination end-of-season tournament.
2. Teams will be responsible for officials' fees before each tournament game.

AWARDS

Regular season awards will be provided to first place teams and playoff winners. Playoff awards may vary.

PLAYOFFS

City of Henderson offers complimentary playoffs for regular season participants. Playoffs follow traditional scheduling. Adjustments may be made in rare circumstances.

HENDERSON™

Sports Office

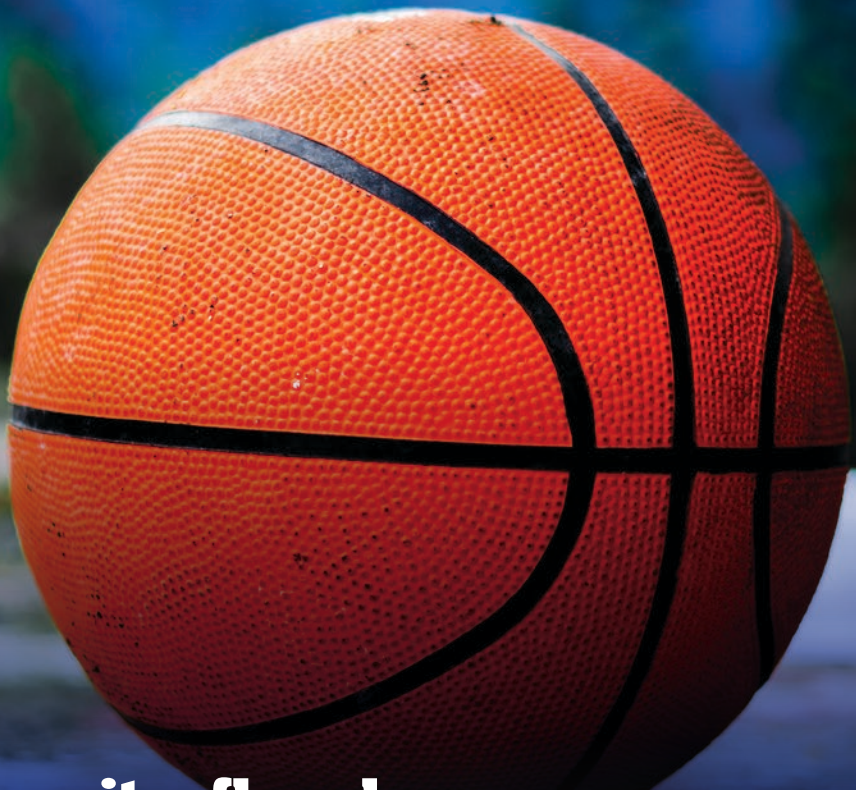
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